

The poster features a vibrant, multi-colored border. At the top left are yellow and pink hibiscus flowers. To their right is a circular Maori haka mask. Further right is a red and white Counties Manukau rugby boot. On the right side, there's a red and white Counties Manukau rugby ball, a red and white Counties Manukau jersey, and a yellow fish. At the bottom left, there's a brown kiwi bird, a pink torch ginger flower, and a blue and white hibiscus. Along the bottom edge, there are green ferns, a pink shrimp, a yellow and blue fish, a large brown and orange sea turtle, and a blue starfish. On the far right, there's a blue and white New Zealand flag, a yellow volcano, and a brown rugby ball.

NORTHERN REGION CUP

U18 BOYS & GIRLS 1st XV

**school
sport**
NEW ZEALAND
NZSSC



**NEW ZEALAND
RUGBY**

NORTHERN REGION CUP TOURNAMENT

Monday 28th – Wednesday 30th August
Colin Lawrie Fields, Counties Manukau, Auckland

Welcome

Kia Ora, Talofa, Malo e lelei, Bula Vinaka, Kia Orana, and greetings to all.
We look forward to your participation in the 2023 Northern Regions Cup.

New Zealand Rugby & Counties Manukau Rugby Union hope that you will enjoy your time during the Northern Regions Cup 15s as we aim to provide a meaningful competition and create more playing opportunities for all young men and women playing rugby. The Pasifika Aotearoa Cup 15s Tournament is an open invitation to all which will and can include teams of pacific island, Maori, Asian, European, and other heritage from clubs and schools.

The information in this Tournament document is important. Should you, your players, or other management staff have any queries leading up to the tournament, please direct them to the Tournament Director.

Tournament Directors

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Programme

Please note all times are subject to change depending on number of teams entered, but the days will not commence any earlier than stated below.

Monday 28th August

9:30 am	Opening Ceremony	All Teams
10:15 am	Managers Meeting	All Teams
11:00 am	Round 1 Boys	Boys Teams
12:00 pm	Round 1 Girls	Girls Teams
12:50 pm	Round 2 Boys	Boys Teams
1:50 pm	Round 2 Girls	Girls Teams
3:00 pm	Laundry to HQ Tent (can be given earlier)	All Teams

Tuesday 29th August

8:00 am	Teams Arrive for Day 2	All Teams
8:30 am	Laundry Pick-up	All Teams
8:45 am	Managers Meeting	All Teams
10:00 am	Round 3 Boys	Boys Teams
11:00 am	Round 3 Girls	Girls Teams
11:00 am	Round 4 Boys	Boys Teams
12:00 pm	Round 4 Girls	Girls Teams
1:30 pm	Laundry to HQ Tent (can be given earlier)	All Teams

Teams will play matches in both the morning and afternoon sessions but adherence to maximum recommended playing times for teenagers will be achieved.

Wednesday 30th August



7:30 am	Teams Arrive for Day 3 – Finals	All Teams
7:30 am	Laundry Pick-up	All Teams
7:45 am	Managers Meeting	All Teams
9:00 am	Round 5 Boys	Boys Teams
10:00 am	Round 5 Girls	Girls Teams
11:00 am	Play-off Round Boys	Boys Teams
12:00 pm	Play-off Round Girls	Girls Teams
1:00 pm	Boys Final	Boys Final Teams
2:00 pm	Girls Final	Girls Final Teams

Draws

The competition will be conducted under the control of the NRC tournament committee.

Teams entered are required to field a team in ALL fixtures in the draw.

- Exceptions in the case of a significant number of injuries which may result in a team unable to field Fifteens players for any fixture. If this was the case, then the NRC Tournament committee needs to be informed and a “flexible game on approach” will be used to allow team to continue to participate.
- Please refer to the draw for specific grade formats
- The Boys teams will be placed in 2 pools of 5 teams, chosen by the tournament committee. The Tournament Committee reserves the right to make adjustments before or during the tournament as/if required.
- Boys Grade – On days 1, 2, and 3, teams will play round-robin games within their pool, with a cross-over game every round, due to uneven numbers in each pool and to avoid a bye. The final will be determined by the highest-ranked team in each pool. The rest of the teams will have play-off games for tournament placings.
- Girls Grade – On days 1, 2, and 3, teams will play round-robin games within the 1 pool. The final will be determined by the 2 teams that end on the most points after all round-robin games are completed. The rest of the teams will have play-off games for tournament placings.

			CMRFU NRC DRAW Under 18 Boys & Girls Mon 28, Tues, 29, Wed 30 August 2023 PUKEKOHE Rugby Club (Colin Lawrie Fields)					
BOYS POOL A			BOYS POOL B			GIRLS		
Wesley College			James Cook HS			Pukekohe HS		
Manurewa Gold			Papakura HS			James Cook HS		
Aorere College			Manurewa Green			Aorere College		
Morrinsville College			Te Awamutu College			Kelston Girls College		
Rosehill College			Pukekohe HS			Rosehill College		
						Epsom Girls Grammar School		
BOYS POOL A			BOYS POOL B			GIRLS		
DAY1 Round 1	: 11:00am	FD	Round 1	: 11:00am	FD	Round 1	: 12:00pm	FD
1 Morrinsville	v Wesley	1	4 Te Awamutu	v James Cook	5	6 Kelston	v Pukekohe	4
2 Rosehill	v Aorere	4	5 Pukekohe	v Manurewa Green	6	7 Rosehill	v Aorere	5
3 Manurewa Gold	v Papakura	3		CO		8 Epsom	v James Cook	6
Round 2	: 12:50pm	FD	Round 2	: 12:50pm	FD	Round 2	: 1:50pm	FD
9 Aorere	v Wesley	1	12 Manurewa Green	v James Cook	5	14 Aorere	v Pukekohe	4
10 Morrinsville	v Manurewa Gold	4	13 Te Awamutu	v Papakura	6	15 Kelston	v James Cook	5
11 Rosehill	v Pukekohe	3		CO		16 Rosehill	v Epsom	6
DAY2 Round 3	: 10:00am	FD	Round 3	: 10:00am	FD	Round 3	: 11:00am	FD
17 Manurewa Gold	v Rosehill	1	20 Papakura	v Pukekohe	5	22 Pukekohe	v Epsom	4
18 Aorere	v Morrinsville	4	21 Manurewa Green	v Te Awamutu	6	23 James Cook	v Rosehill	5
19 Wesley	v James Cook	3		CO		24 Aorere	v Kelston	6
Round 4	: 11:50am	FD	Round 4	: 11:50am	FD	Round 4	: 12:50pm	FD
25 Manurewa Gold	v Aorere	1	28 Papakura	v Manurewa Green	5	30 James Cook	v Aorere	4
26 Rosehill	v Wesley	4	29 Pukekohe	v James Cook	6	31 Rosehill	v Pukekohe	5
27 Morrinsville	v Te Awamutu	3		CO		32 Epsom	v Kelston	6
DAY3 Round 5	: 9:00am	FD	Round 5	: 9:00am	FD	Round 5	: 10:00am	FD
33 Wesley	v Manurewa Gold	1	36 James Cook	v Papakura	5	38 Pukekohe	v James Cook	4
34 Morrinsville	v Rosehill	4	37 Te Awamutu	v Pukekohe	6	39 Aorere	v Epsom	5
35 Aorere	v Manurewa Green	3		CO		40 Kelston	v Rosehill	6
BOYS PLAY OFFS	: 11:00am	FD				GIRLS PLAY OFFS	: 12:00pm	FD
41 BPA5	v BPB5	1				45 G5	v G6	4
42 BPA4	v BPB4	4				46 G3	v G4	5
43 BPA3	v BPB3	5						
44 BPA2	v BPB2	6						
BOYS FINAL	: 1:00pm	FD				GIRLS FINAL	: 2:00pm	FD
47 BPA1	v BPB1	NAV				48 G1	v G2	NAV

Tournament Information

Tournament Format

- To be decided – Dependant on Team entry's
- We would like to plan for a 3-day tournament with each team playing 2 shortened games a day. 5-6 Games guaranteed across the 3 days.

Manager Meeting

- Each team's must have at least one representative attend the managers meeting. Operations area in front of Pukekohe Rugby Football Club prior to the tournament kicks off. Time will be shared at a later stage.

Grades

- U18 Boys 1st XV (15 aside) School students
- U18 Girls 1st XV (15 aside) School students

Tackle Rugby Grades

GRADES	Birth Year (and age as of 1 st January 2023)
1 st XV Cup Boys	2005,06,07,08
1 st XV Cup Girls	2005,06,07,08

Tournament Timings

- We will confirm closer to the date of tournament.

Team Info

- Please bring your own First Aid Kit & Ice.
- Gazebo/tent for shelter, if you are bringing your own you can only set up in the designated areas – We would advise the teams take it down and away with them each day.
- Water container and bottles – taps available in and outside the Pukekohe changing rooms/clubhouse.
- Lunch and refreshments – there will be several food vendors available onsite
- Mouthguards – must have mouthguards in ALL grades, NZR laws of the game state penalties, and/or yellow cards can be handed out if player a caught without mouthguards during play.

General Info

- Match balls will be provided for games – please return to referee after each game.
- Changing rooms and shower facilities will be available for general use however, these will not be allocated to teams or locked. Please remove all items of clothing and rugby gear after use.
- “Onsite Food Vendors,” coffee truck will be operating.
- The CMRFU organizing committee will not be responsible for any accidents or injuries sustained during the tournament. Reasonable measures will be taken to ensure the safety of all players in and around the fields of play. Please use common sense when moving your vehicle in and out of the venue, there will be a large number of as children and people onsite.
- Individuals are responsible for their personal belongings at all times throughout the event.

Emergency & Physio Services

- There will be paramedics and an ambulance on-site, if you require their assistance, please contact with the Paramedics directly, personal at the operations tent, or your field controller.

Health & Safety

- The NRC 15's Tournament Committee and all participants will take reasonable procedures to minimize the risk and improve the safety of everyone involved, please read and understand the Venue and Tournament Rules, these will help keep everyone safe. If an injury or emergency does occurs, please follow the instructions of qualified emergency personal.
- In the event of an emergency and we need to vacate the playing area and facilities please meeting at the designated assembly point in the main carpark – ***refer to venue map below***
- If your player does sustain a serious injury and requires emergency service, please do not hesitate to contact the onsite paramedics, personal at the operations tent or your field controller or Dial 111.
- For more information on safety in rugby go to www.rugbysmart.co.NZ

Colin Lawrie – General Rules

- Ensure you left the park as you found it – Littering is prohibited, please use rubbish bins onsite.
- Speed limit in the park is **10km/ph**.
- Motorized vehicles prohibited off roadways and beyond car parking areas. Any improperly parked vehicles or vehicles parked on grass areas will be towed.
- Any tents/marquees must be approved by Park Staff.
- All spectators to remain off playing field areas.
- No Dogs with the of exception Service dogs.

- Colin Lawrie is Proud to be a Smoke & Alcohol-free zone. No glass or breakable containers.
- No gang patches are permitted.
- No fires, fireworks, flammable liquids, open burning, or use of any device with an open flame will be allowed unless permission given for special events.
- No freedom camping. Self-contained motorhome parking available only.
- No drones permitted.

Official Host & Partners

- Counties Manukau Rugby Union is our official host for NRC Tournament.



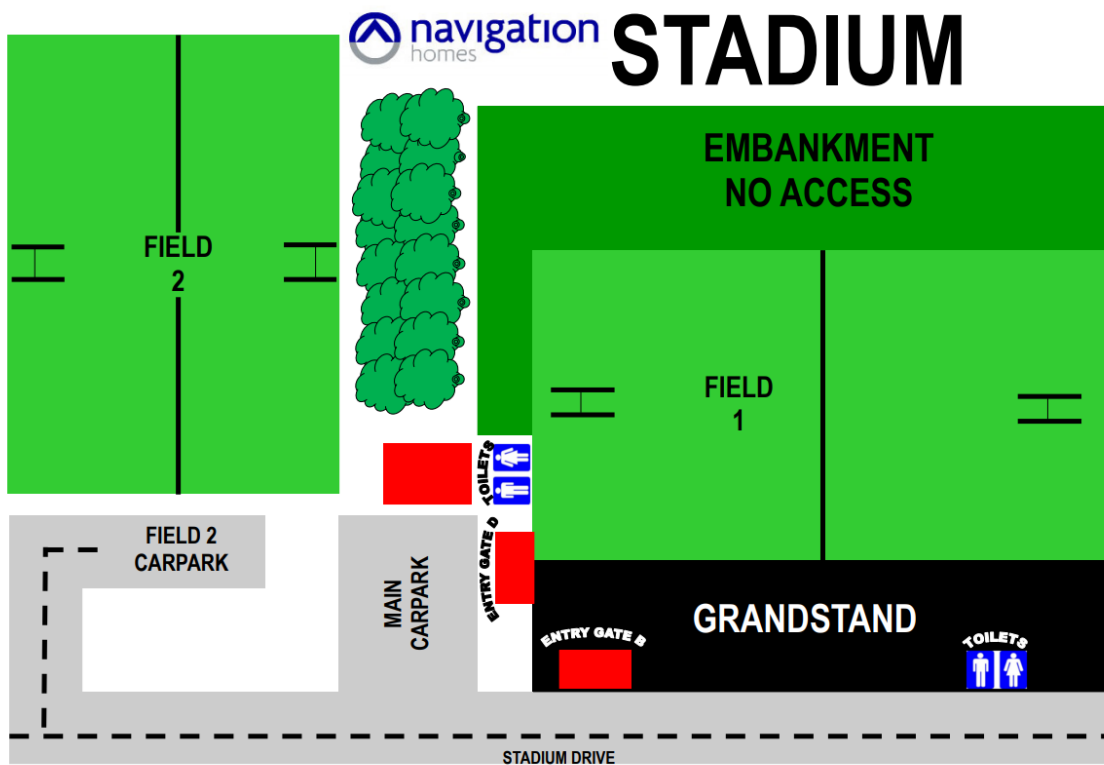
It is the intention of the Northern Region Cup Tournament Committee and NZ Rugby's to create an environment for all players, coaches, management, referees, volunteers, and supporters that enables them to enjoy their experience.

#FUNFOODFLARE #NORTHERNREGIONCUP #GROWTHEGAME

Venue Maps



Colin Lawrie Fields



Tournament Rules

Entry Fee

\$250 per team – unless you provide your own Referee for the 3 days

Player Eligibility

1. Players must be registered to the NZR database for 2023.
2. New players to rugby this year, must complete an NZR registration form before taking the field.
 - i. Team list must be sent in before the tournament on 17th August 2023.
3. Each player is only permitted to play for ONE team in ONE grade.
 - i. Players are NOT allowed to transfer between teams if their school has more than one team entered.

Substitutions

1. Games will be played with your allocated sub bench (7 replacements only)
2. Half game rule applies

Team Score Cards

All grades will have team list and scorecards that the coach/manager must complete and return to the operations area after each game. These can be picked up at the managers' meeting on the day.

Tournament & Game Rules

The tournament will be played under the Laws of the game of Rugby Union as framed by the World Rugby and includes the Fifteen-A-Side and current 2023 variations within that publication.

You can view the laws and regulations at [Participation Polices, Regulations and Rules | NZ Rugby](#)

Points

- 4 points for a win
- 2 points for a draw
- 1 point for a loss of 7 points or less
- 1 point for 4 or more tries being scored in a game

1. If at the end of all pool games, two or more teams have the same number of points awarded to them, a team's ranking will be decided as follows:
 - a. On a who-beat-who basis.

- b. If after (a) the teams are still tied – the team that scored the most tries shall be the winner.
- c. If after (b) the teams are still tied – the team that has the highest difference of points “for minus against” shall be the winner.
- d. If none of the above applies, the winner shall be found by the toss of a coin.

Drawn Game

In the event of a draw at the end of any preliminary finals

1. Where there is a tie at full time in the semi-finals competition then the following formula will be applied to determine a winner:
 - a. The team which had scored the most tries in that game will be declared the winner
 - b. If the two teams have scored an equal number of tries in that game, then the team that scored the first try and or points shall be declared the winner.
 - c. If no tries are scored, the winner will be decided with a coin toss.

In the event of a draw at the end of any championship finals

1. Where there is a tie at full time in the Final, then extra time will be played. The team first scoring points in extra time will be declared the winner, and the match will end.

Match Duration

1. Boys grade, including finals, will be 60-minute duration, with two 30 minute halves - with a 5 min half time.
2. The girls grade, including finals, will be 50-minute duration, with two 25 minute halves – with a 5 min half time
3. Each team will play a minimum of 1 game a day if 15 aside and we meet the number of team entries for the grades.

Substitution

1. Up to 22 players can be used in any one match.
2. All substitutions must go through the match officials.
3. Substitutions may only take the field during a stoppage in play.

Judicial Procedures

1. Any on-field or off-field disciplinary matters will be dealt with by the NRC Tournament officials.
2. One YELLOW CARD results in a 10-minute Sin Bin.
3. Two YELLOW CARDS by a player in the same match results in a Red Card.
4. Three YELLOW CARDS by a player in separate matches, the player may not take part in any further matches until they have appeared before the NRC tournament officials.
5. A RED CARD by a player may not take part in any further matches until they have appeared before the NRC tournament officials.

- a. If a red card is issued, the player and team manager must please proceed directly to the Operations tent once the game had finished.

Team Entries and Team Contacts

Teams can be entered until 17th August, using this [link](#)

- Entries after this date are at the discretion of the tournament director.
- The 28-person squad for the tournament is all that is allowed.

Referee Incentive

During Winter Tournament Week, we are launching an initiative to encourage teams to bring qualified referees along.

As the Cup takes place during a working week, local referees may be in short supply. With this event being designated Cup status, it is important that all match officials are qualified referees, ensuring safety and quality.

We ask that all participating schools consider bringing a referee along to support the success of the Northern Region Cup 15s. Teams that bring their own qualified referee will have their entry fee waived. Please communicate this with the Tournament Directors no later than August 23rd.

Tournament Logistics

Opening Ceremony

We will have an opening ceremony on Monday morning @ 9:30am to welcome the teams to the Tournament. We will have an opening Karakia and small Powhiri to set the tournament up well. We will have local school performance groups that will frame up the tournament while also giving them time on stage to perform.

Laundry

As per the programme guidelines, we will have Laundry available during the tournament. Please drop off your laundry to the event tournament HQ before the stipulated time. It will be available for collection again the next day before the first game, as per programme time.

First Aid

There will be a certified Medic on site for the 3 days. Their role is to service and attend serious injuries and accidents first and foremost. We still ask that each time provide their own physio/medic per team. We are striving to have physio onsite to help with strapping and massage but this is to be confirmed.

Food

Food trucks and coffee van will be available at Colin Lawrie venue. Bring cash and eft-post for the days to stay fed and warm with variety of kai.

New Zealand Rugby Resources

We are blessed to have the NZR community coaching guru with us for a day or 2. This is a resource that you as teams/coaches/managers/spectators can use and to get something out of the tournament. It's a free resources that will be of great value if you choose to use it. We encourage you to pop in and say hi and have a conversation around coaching or anything that you find interesting.

Lunch with Steelers on Wednesday

On Wednesday the teams will be provided with Lunch while watching the finals at Navigation Homes Stadium up the road from Colin Lawrie fields. There will be some of the Steelers players to share lunch with and have a Q&A session. We will also give out posters and photos of the tournament so the players can remember their time at NRC 2023.

Finals

The finals will be on the Navigation Homes Stadium #1 field on Wednesday. We would like all teams to be in attendance, enjoying the finals and the food.

Health and Safety Plan

The tournament will be operating under the health and safety policies of CMRFU, Pukekohe Rugby Club, and EventMedic. Teams are asked to always abide by all NZR safety policies. Some guidance on the tournament Health and Safety guidelines can be found here [CMRFU Tournament HS Plan.docx](#)

Other versions can be found here [2023 School Sport NZ Event Health Safety Template.doc](#)