

NZR Age Bands for Age Grade Rugby Tables: Girls Rugby

Girls - Eligible Age Tables as at 1 Jan 20

This table will allow players to know what grade they are eligible for based on their age.

*National Rugby Policy #8B (Age to Play Senior Women's Rugby) Applies. [Click here to view National Rugby Policy #8B.](#)

Year Born	Delivery System	Age as at 1 Jan 20	Best Practice	Acceptable Practice			Exceptional Circumstances Case Approval required	Not Eligible	
			Equivalent Year	1 Year Up	2 Years Up	3 Years Up			
			Grade Equivalent	Grade Equivalent			Grade Equivalent		
2001	Secondary School (or equivalent)	18	U19 / Senior Rugby				NA	NA	
2002		17	U18	U19			Senior Rugby*	NA	
2003		16	U17	U18	U19			Senior Rugby*	NA
2004		15	U16	U17	U18	U19	Senior Rugby*	NA	
2005		14	U15	U16	U17	U18	U19	Senior Rugby	



2006		13	U14	U15	U16	U17	U18	U19
2007	Primary/ Intermediate School Club (Small Blacks)	12	U13	U14			U15	U16
2008		11	U12	U13			U14	U15
2009		10	U11	U12			U13	U14
2010		9	U10	U11			U12	U13
2011		8	U9	U10			U11	U12
2012		7	U8	U9			U10	U11
2013		6	U7	U8			U9	U10
2014		5	U6	U7			U8	U9



Girls - Eligible Ages for Grade Table as at 1 Jan 20

This table will allow players to know what ages are eligible for a particular grade.

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Grade		Best Practice	Acceptable Practice			Exceptional Practice	Not Eligible
		Equivalent Year	1 Years Up	2 Years Up	3 Years Up		
		Age as at 1 Jan 20					
Senior Rugby	Club	19				15* / 16* / 17* / 18*	14 and below
U19	Secondary School (or equivalent)	18	17	16	15	14	13
U18		17	16	15	14	13	12 and below
U17		16	15	14	13		12 and below
U16		15	14	13			12 and below
U15		14	13			12	11
U14		13	12			11	10



U13	Primary/ Intermediate School	12	11		10	9
U12		11	10		9	8
U11		10	9		8	7
U10		9	8		7	6
U9	Club (Small Blacks)	8	7		6	5
U8		7	6		5	4
U7		6	5			NA
U6		5	4			NA