





WELCOME

Kia Ora, Talofa, Malo e lelei, Bula Vinaka, Kia Orana, and greetings to all.

We look forward to your participation in the 2020 Pasifika Aotearoa Cup 7s Tournament.

The Pasifika Aotearoa Cup 7s Tournament is an open invitation to all; this includes Pasifika, Maori, Asian, European, and all other club and school teams.

New Zealand Rugby hope that you will enjoy your time during the Pasifika Aotearoa Cup 7s as we aim to provide a meaningful competition and create more playing opportunities for all girls and women in rugby.

Should you, your players, or other management staff have any queries leading up to the tournament, please contact one of the Tournament Directors.

TOURNAMENT DIRECTORS

Vania Wolfgramm

M: 027 7045069

E: vania.wolfgramm@nzrugby.co.nz

Marina Canterbury

M: 021 599319

E: marina.canterbury@nzrugby.co.nz

#PASIFIKA AOTEAROA CUP

#PACSEVENS2020

#GROWTHEGAME

TOURNAMENT INFORMATION

TOURNAMENT DRAW

- The draw for your specific grade will be sent to you in the week leading up to the tournament.

TOURNAMENT TIMINGS

- Kick-off is for 9.30 am, the tournament finals will be around 3.30pm, Exact timing is dependent on the number of team entries and will be confirmed on 20 November.

MANAGERS MEETING

- The meeting will be held in the operations area in front of Ardmore Marist Rugby Club at 9.00 am on Saturday 21 November.
- Each team must have at least one representative attend the managers meeting.
- Could all managers download WhatsApp. We will use this for team communication throughout the day between Managers (as listed on the registration forms) and tournament Staff.

TEAM INFORMATION

- First Aid Kit & ice: Please bring your own.
- Gazebo/tent for shelter: if you are bringing your own, this must be set up in the designated areas – refer to venue map
- Water container and bottles: taps are available inside and outside the Ardmore Marist changing rooms. Access via rear carpark.
- Lunch and refreshments there will be several food vendors available onsite if you do not bring your own.
- Physio: Physio Rehab will be providing physio services on the day
- Mouthguards: Every player must have mouthguards in ALL grades. NZR laws of the

game state penalties, and/or yellow cards can be handed out if player caught without mouthguards during play.

GENERAL INFORMATION

- Match balls will be provided for games – please return to the referee after each game.
- Changing rooms and shower facilities will be available for general use however, these will not be allocated to teams or locked. Please remove all items of clothing and rugby gear after use.
- The PAC7s organising committee will not be responsible for any accidents or injuries sustained before, during or after the tournament. Reasonable measures will be taken to ensure the safety of all players in and around the fields of play. Please use common sense when moving your vehicle in and out of the venue, there will be a large number of people onsite.
- Individuals are responsible for their personal belongings at all times.

EMERGENCY & PHYSIO SERVICES

- There will be a paramedic and ambulance on-site. If you require their assistance make contact with the Paramedics directly, personnel at the operations tent, or your Field Controller.
- Physio Rehab will be providing strapping services on the day, there will be a small cost for strapping, and they can assist with any initial injury treatment and management.

HEALTH & SAFETY

- The PAC 7's Tournament Committee and all participants will take all reasonable measures to minimise the risk and ensure the safety

of everyone involved. Please read and understand the Venue and Tournament Rules as outlined in this document, these will help keep everyone safe. If an injury or emergency does occur, please follow the instructions of qualified emergency personnel.

- In the event of an emergency where we need to vacate the playing area and facilities please meet at the designated assembly point in the main carpark – venue map will be sent in to you in the week leading up to the tournament.
- If one of your players sustain a serious injury and requires emergency service contact the onsite paramedics, personnel at the operations tent or your Field Controller, or Dial 111.
- If in the event of an injury/incident, please complete an injury/incident report form and notify Tournament Director – Marina Canterbury/Vania Wolfgramm immediately. You will receive a copy of this form at the Managers Meeting.
- If a suspected concussion occurs, you must ensure that the player follows the Return to Play Protocols rugbysmart.co.nz/assets/Resources/2d581e65f7/Concussion-return-guidelines.pdf
- For more information on safety in rugby go to rugbysmart.co.nz
- For more information on how to warm-up correctly go to rugbytoolbox.co.nz
- If you or any of your team feel unwell or have been in contact with anyone who has Covid-19 please stay home.
- Please do not share drink bottles.
- Always wash your hands. Please use sanitiser provided.
- For more information about Covid-19 go to covid19.govt.nz/alert-system/

PULMAN PARK GENERAL RULES

- Ensure you leave the park as you find it – littering is prohibited, please use rubbish bins onsite.
- Speed limit in the park is 5mph.
- Motorised vehicles are prohibited off roadways and beyond car parking areas. Any improperly parked vehicles or vehicles parked on grass areas will be towed.
- Any tents/marquees must be approved by Park Staff.
- All spectators must remain off playing field areas.
- No Dogs with the of exception Service dogs.
- Pulman Park is proud to be a Smoke & Alcohol-free zone.
- Glass or breakable containers are not permitted.
- Gang patches are not permitted.
- No fires, fireworks, flammable liquids, open burning, or use of any device with an open flame will be allowed unless permission given for special events.
- Due to our proximity to Ardmore Airport, the use of Drones must be pre-approved by management.
- No freedom camping. Self-contained motorhome parking available only.
- Venue Map will be sent at a later date once registrations close on the 9th November. This will include team tent set up, Vendors and parking and evacuation points etc.

GRADES FOR 2020

Subject to change – refer to draw.

TACKLE (CONTACT)

GRADES Birth Year (and age as of 21st November 2020)	GRADES Birth Year (and age as of 21st November 2020)
Women's Open	Under 9
Women's Tight 5	Under 8
Masters (Over 30)	
Tight 5 U18s	
Under 18	
Under 15	
Under 13	
Under 11	

RIPPA & RIP RUGBY (NON-CONTACT)

GRADES Birth Year (and age as of 21st November 2020)	GRADES Birth Year (and age as of 21st November 2020)
Women's Open	Under 9
Women's Tight 5	Under 8
Masters (Over 30)	Under 7
Tight 5 U18s	Under 6 Activations
Under 18	
Under 15	
Under 13	
Under 11	

RIP RUGBY

Rip Rugby rules apply for the appropriate grades & formats. Variations for specific grades are below.

- U13: Uncontested scrums and no lifting in the lineouts.
- U15: Uncontested scrums and lifting is allowed in the lineouts.
- You will need to supply your own Rip Sets

OFFICIAL HOST & PARTNERS

- Counties Manukau Rugby Union is our official host for 2020



- Other key partners include Pulman Park, Ardmore Marist, Counties Manuka Rugby referees, Cancer Society Auckland.

It is the intention of the PAC 7's Tournament Committee and NZ Rugby's to create an environment for all players, coaches, management, and supporters that enables them to enjoy their experience at Pasifika Aotearoa Cup Sevens in 2019.

TOURNAMENT RULES

ENTRY FEE

No registration cost to enter.

PLAYER ELIGIBILITY

1. Players must be registered to the NZR database for 2020.
2. New players to rugby this year, must complete an NZR registration form before taking the field.
 - i. Team list must be sent in before the tournament on Wednesday, 18th November
 - ii. available from operations tent onsite.
3. Each player is only permitted to play for ONE team in ONE grade.
 - i. Players are NOT allowed to transfer between teams if their club, school or organization has more than one team entered.
4. All player must comply with the NZR Law Age to play senior women's rugby.
 - i. For more information go to communityrugby.co.nz/running-rugby/national-rugby-policies/game-policies

GRADE ELIGIBILITY

1. Open Women's - open age – aligned with the NZR Age to play senior Women's rugby policy.
2. Tight Five - players must genuine play tight five positions – Prop, Hooker and Locks – with the exception of 2-non-playing tight five players and over 16 years of age
 - i. Tight Five grade, we ask teams to respect the nature of this 'Tight Five' grade and ensure players meet the required player eligibility.
3. Over 30 – players must be over 30 or older as of the 21st November 2020

4. U18s, U15 grade's, U13 grade's, U11 grade, U9 grade, U8 Grade - All players must be under the age as of the 21st November 2020
5. Representative Grade – open age – aligned with the NZR Age to play senior Women's rugby policy.

TEAM LISTS

1. All players must be listed on official team sheet, and teams can have up to 14 players.
 - i. Teams may use up to 14 players in each game.
 - ii. Players are NOT allowed to transfer between teams once the tournament starts at 9am.
2. Official team lists must be sent to marina.canterbury@nzrugby.co.nz for verification by Wednesday 18th November. Amendments may be made at Managers meeting.
3. Jersey numbers must match official team sheet. Players are to wear the same jersey number throughout the tournament for talent identification purposes Rolling subs are in place.

SUBSTITUTIONS

1. Games will be played with rolling subs
2. Half game rule applies from the U15 grades and below

TEAM SCORE CARDS

All grades will have team list and scorecards that the coach/manager must complete and return to the operations area after each game. These can be picked up at the managers meeting on the day.

Each team scorecard will have a section for 'opposition most valuable player' and 'referee

rating' These sections must be completed after each game as well for more information on this section contact the tournament director.

COMPETITIVE GRADES

OPEN WOMEN'S, TIGHT 5, U18 & U15

The competitive grades format will feature a variation of playoff after pool play.

PARTICIPATION GRADES

U13, U11, U9, U8 TACKLE, U13, U11, U9, U8, U7 RIP RUGBY

These participation grade will not feature a playoff-style format after pool play

FORMAT OF EACH GRADE

Please refer to the draw for the specific format of each grade. (Subject to change at the discretion of Tournament Draws mater.)

GAME RULES

The tournament will be played under the Laws of the game of Rugby Union as framed by the World Rugby and includes the Seven-A-Side and current 2019 variations within that publication. The non-contact grades of Rip Rugby & Rippa will be played under the 2019 NZ Rugby & Small Blacks Laws of the Game for those ages.

A. U15s grade will be uncontested scrums.

B. U13s grade will be uncontested scrums.

You can view the laws and regulations at nzrugby.co.nz/what-we-do/regulations

RIPPA

Small Blacks' rules applied for the appropriate ages & formats; otherwise team numbers and game duration is the same as Sevens

Rugby – these grade are self-officiated with a representative from each team being nominated to referee a half unless other arrangements have been made.

RIP RUGBY

Rip Rugby rules applied for the appropriate ages & formats, otherwise team numbers and game duration is the same as Sevens Rugby, these grade are self-officiated with a representative from each team being nominated to referee a half, unless other arrangements have been made.

SEVEN'S

All Sevens tackle grades will be played under the World Rugby Sevens Laws of the Game and the NZ Rugby DSLV for these grades. These grades will have official referees.

More info: world.rugby/sevens/laws

DRAW

The competition will be conducted under the control of the PAC7s tournament committee.

- Teams entered are required to field a team in ALL fixtures in the draw.
- Exceptions in the case of a significant number of injuries which may result in a team unable to field seven players for any fixture. If this was the case, then the PAC 7's Tournament committee needs to be informed and a "flexible game on approach" will be used to allow team to continue to participate.
- Grade's excluded from "Flexible Game on Approach": U18 & Open Women's.
- Please refer to the draw for specific grade formats

POINTS

1. In each pool match, 3 points will be awarded for a win, 2 points for a draw, nil points for a loss.

2. If at the end of all pool games, two or more teams have the same number of points awarded to them, a team's ranking will be decided as follows:
 - i. On a who beat who basis.
 - ii. If after (i) the teams are still tied – the team that score the most tries in the game shall be the winner.
 - iii. If after (ii) the teams are still tied – the team that has the highest difference of points "for minus against" shall be the winner.
 - iv. If none of the above applies, the winner shall be found by the toss of a coin.

DRAWN GAME & EXTRA TIME

In the event of a draw at the end of any preliminary finals

1. Where there is a tie at full time in the semi-finals competition then the following formula will be applied to determine a winner:
 - i. The team which had scored the most tries in that game will be declared the winner
 - ii. If the two teams have scored an equal number of tries in that game, then the team that scored the first try and or points shall be declared the winner.
 - iii. If no tries are scored, the winner will be decided with a coin toss.

In the event of a draw at the end of any championship finals

1. Where there is a tie at full time in the Final, then extra time (5mins each way) will be played. The team first scoring points in extra time will be declared the winner, and the match will end.
2. Above is subject to the discretion of the tournament director.

MATCH DURATION

1. All games, including finals, will be of 14-minute duration, with two 7 minute halves - with a 2 min half time.

SUBSTITUTION

1. Up to 14 players can be used in any one match.
2. Rolling substitutions are allowed – all substitutions must go through the match officials.
3. Substitutions may only take the field during a stoppage in play.

JUDICIAL PROCEDURES

1. Any on-field or off-field disciplinary matters will be dealt with by the PAC7s Tournament officials.
2. One YELLOW CARD results in a 2-minute Sin Bin.
3. Two YELLOW CARDS by a player in the same match results in a Red Card.
4. Three YELLOW CARDS by a player in separate matches, the player may not take part in any further matches until they have appeared before the PAC7s tournament officials.
5. A RED CARD by a player may not take part in any further matches until they have appeared before the PAC7s tournament officials.
 - i. If a red card is issued, please proceed directly to the Operations tent once the game has finished.

OFFICIAL TEAM VERIFICATION



TEAM ENTRIES, CONTACTS AND LISTS

Entries after Nov 9th are at the discretion of the tournament directors.

Please submit your team list by Wednesday, 18th November.

CLUB/SCHOOL _____

TEAM _____

TEAM LIST 2020

	FULL NAME	NZR REGISTRATION	CLUB/SCHOOL	DATE OF BIRTH
1	_____	_____	_____	_____
2	_____	_____	_____	_____
3	_____	_____	_____	_____
4	_____	_____	_____	_____
5	_____	_____	_____	_____
6	_____	_____	_____	_____
7	_____	_____	_____	_____
8	_____	_____	_____	_____
9	_____	_____	_____	_____
10	_____	_____	_____	_____
11	_____	_____	_____	_____
12	_____	_____	_____	_____
13	_____	_____	_____	_____
14	_____	_____	_____	_____

TEAM COACHES _____

TEAM MANAGERS _____

The above player details are a true and accurate record.

MANAGERS NUMBER _____

SIGNED _____

DATE _____

(Please download Whats App)

Team Manager or Coach.

Send to marina.canterbury@nzrugby.co.nz by 18th November 2020